## Fonti:

- 1. Dalle Grave R. Excessive and Compulsive Exercise in Eating Disorders: Prevalence, Associated Features and Management. *Direction in Psychiatry.* 2008;21(28):273-282.
- 2. Dalle Grave R, Calugi S, Marchesini G. Compulsive Exercise to Control Shape or Weight in Eating Disorders: Prevalence, Associated Features and Treatment Outcome *Compr Psychiatry*. 2008;49:346–352.
- 3. Shroff H, Reba L, Thornton LM, et al. Features associated with excessive exercise in women with eating disorders. *Int J Eat Disord.* Sep 2006;39(6):454-461.
- 4. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders (4th ed.)*. Washington, D.C: American Psychiatric Association; 1994.
- 5. Fairburn CG. *Cognitive Behavior Therapy and Eating Disorders*. New York: Guilford Press; 2008.